



Healthy Families For Southwest Virginia

What Healthy Families Can Do For You



As a first time parent you want what is best for your new baby. Healthy Families wants to welcome your baby into the community and make sure you know what services are available to you.

Your Healthy Families home visitor can answer questions, calm fears, or just listen.



You will receive up-to-date information on how to make sure your baby is healthy and growing properly.

Your home visitor will share with you ways to care for your baby that will help your child become the very best that he or she can be.

276-523-4202 or 800-252-6362

Offering support based on individual family's strengths

Promoting positive parent-child relationships

Reaching out to families in our communities

Promoting healthy childhood growth and development

Enhancing family problem-solving skills

Increasing school readiness



**Healthy Families for
Southwest Virginia**

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